



Versão do arquivo anexado / Version of attached file:

Versão do Editor / Published Version

Mais informações no site da editora / Further information on publisher's website:
<https://bmccomplementalternmed.biomedcentral.com/articles/10.1186/1472-6882-13-235>

DOI: 10.1186/1472-6882-13-235

Direitos autorais / Publisher's copyright statement:

©2013 by BioMed Central. All rights reserved.

RESEARCH ARTICLE

Open Access

Guava pomace: a new source of anti-inflammatory and analgesic bioactives

Carina Denny^{1*}, Priscilla S Melo², Marcelo Franchin¹, Adna P Massarioli², Keityane B Bergamaschi², Severino M de Alencar² and Pedro L Rosalen¹

Abstract

Background: Guava pomace is an example of the processing waste generated after the manufacturing process from the juice industry that could be a source of bioactives. Thus, the present investigation was carried out in order to evaluate the anti-inflammatory and antinociceptive potential and determinate the main phenolic compounds of a guava pomace extract (GPE).

Methods: The anti-inflammatory activity was evaluated by carrageenan, dextran, serotonin, histamine-induced paw edema and neutrophils migration in the peritoneal cavity models. Acetic acid-induced abdominal writhing and formalin test were performed to investigate the antinociceptive effects. In addition, the content of total phenolic and of individual phenolic compounds was determined by GC/MS.

Results: GPE showed anti-inflammatory activity by carrageenan, dextran, serotonin, histamine-induced paw edema and neutrophils migration in the peritoneal cavity models ($p < 0.05$). GPE also demonstrated antinociceptive activity by acetic acid-induced abdominal writhing and formalin test ($p < 0.05$). The total phenolic value was 3.40 ± 0.09 mg GAE/g and epicatechin, quercetin, myricetin, isovanilic and gallic acids were identified by GC/MS analysis.

Conclusions: The presence of bioactive phenolic compounds as well as important effects demonstrated in animal models suggest that guava pomace could be an interesting source of anti-inflammatory and analgesic substances.

Keywords: Agro-industrial residue, Anti-inflammatory, Antinociceptive, Quercetin, Epicatechin, Guava pomace

Background

Psidium guajava, usually known as guava, is an important tropical fruit mostly consumed fresh. The Guava industry provides a variety of processed products, such as beverages, syrup, ice-cream, jams, jellies, toffee, juice, and dehydrated and canned products. Since the worldwide production of guava is estimated at about 500,000 metric tons, considerable amounts of waste from this industry are also generated and simply discarded to the environment [1].

A great variety of agro-industrial residues from many species of fruits are wasted every year, polluting the environment [2,3]. Efforts have been made to use residues to generate several value-added products, such as bioactive substances, used by food, cosmetic and pharmaceutical industries [3,4]. Guava pomace is an example of

the processing waste generated after the manufacturing process and represents up to 15% of the original fruit [1].

In addition to being an import food crop, guava is an important medicinal plant that has been traditionally used for a long time in countries of the tropical America [1,5]. This species is commonly used to treat gastrointestinal and respiratory disturbances and as an anti-inflammatory. Several different studies have been developed to support its popular use [5,6]. Revolving around its anti-inflammatory and analgesic properties, most studies refer to the leaf extracts, which have been evaluated on several experimental models [5,7-9]. A preliminary study about the anti-inflammatory and antinociceptive activity of guava fruits was reported by Sen *et al.* [7]. Despite this, the precise effects of *P. guajava* and the signaling pathways involved remain unknown. In general, biological properties of guava have been already associated with its phenolic compounds, such as protocatechuic, ferulic, ascorbic, gallic and caffeic acids and quercetin [5].

* Correspondence: dennykarina@hotmail.com

¹Department of Physiological Sciences, Piracicaba Dental School, University of Campinas – UNICAMP, P.O. Box 52, 13414-018 Piracicaba, SP, Brazil
Full list of author information is available at the end of the article

Concerning the guava pomace, this solid agro-industrial residue consists of a mixture of peel, seed and pulp that is rich in phenolic compounds with antioxidant capacity [2]. Therefore, due to the great potential demonstrated in the literature through studies that identified important bioactive compounds, either in the fruit, leaves or the pomace, the purpose of the present study was to determine the anti-inflammatory and antinociceptive potential by different *in vivo* models, as well as the total phenolic content, and the main constituents by GC/MS of the guava pomace extract.

Methods

Plant material

The pomace from the processing of guava (*Psidium guajava* L. - Myrtaceae) was provided by "Cepêra - Agro Industrial Ibitirama Ltda", a food company located in the City of Monte Alto, SP, Brazil, in March 2009. The material (1745.08 g) was lyophilized, homogenized, weighed and stored at -18°C.

Preparation of the extract

The air-dried and powdered guava pomace (100 g) was extracted with 160 mL of ethanol (EtOH) and 40 mL of water (H₂O) by using an ultrasound for 30 minutes (3 times). The obtained guava pomace extract (GPE) was filtered and evaporated using a rotary evaporator and freeze dryer to provide the crude dried extract. The dried extract was stored at -18°C until its use.

Determination of the total phenolic content

The total phenolic content was determined by the Folin-Ciocalteu method [10]. The analysis was performed following the spectrophotometric method, using Folin-Ciocalteu's reagent (Dinâmica Química Contemporânea, Diadema, SP, Brasil) and gallic acid (Sigma-Aldrich, St. Louis, MO, USA) as standard.

A volume of 0.5 mL of the extract and 2.5 mL of Folin-Ciocalteu's reagent (diluted in water 1:10) was placed in tubes and, after five minutes, 2 mL of sodium carbonate (4%) were added. The tubes were kept away from the light and, after two hours, the absorbance was read in a spectrophotometer (Shimadzu, Kyoto, Japan) at 740 nm. The total phenolic content was expressed as mg of gallic acid equivalent (GAE) per g of extract (mg GAE/g).

Gas chromatography with mass spectrometry (GC-MS)

GPE was purified with solid phase extraction (SPE DSC-18 Discovery, 2 g, Supleco, Sigma-Aldrich, St. Louis, MO, EUA) and 100 μL of N-methyl-N-(trimethylsilyl) trifluoroacetamide (MSTFA) were added for derivatization. The silanized sample was analyzed in a gas chromatograph (Shimadzu GC 2010) coupled with a mass spectrometer (Shimadzu QP 2010 Plus) and equipped

with a capillary column (30 m × RTX 5MS 0.25 mm × 0.25 μm). The programming temperature started at 80°C (1 min) at a heating rate of 20°C min⁻¹ and reached 250°C (1 min), going to 300°C (5 min) at a rate of 6°C min⁻¹, 310°C (5 min) at a rate of 15°C min⁻¹ and 320°C (10 min) at a rate of 20°C min⁻¹, at a total of 40 minutes of analysis. Helium was used as the carrier gas. The injector temperature was 280°C and an injection volume of 0.5 μL was used in splitless mode. The interface was maintained at 280°C and the detector operated in scanning mode (m/z 40–800) [11]. Phenolic compounds were identified by comparison with the data obtained from GC/MS (retention time and fragmentation ion) of Extrasynthese Co. authentic standards (syringic acid, myricetin, kaempferol, luteolin, liquiritigenin, isoliquiritigenin, quercetin, *p*-coumaric acid, ferulic acid, catechin, epicatechin) and with the Wiley 8 library. The results were presented as means and followed by the standard deviation.

Animals

Male Balb/c albino mice (20–25 g), SPF, were purchased from CEMIB/UNICAMP (Multidisciplinary Center for Biological Research, SP, Brazil) and used as experimental animals. The mice were maintained in a room with controlled temperature (22 ± 2°C) for a 12 h light/12 h dark cycle, humidity (40–60%), with food (standard pellet diet) and water provided *ad libitum*. The experiments were conducted in accordance with the Guide for the Care and Use of Laboratory Animals and counted on the prior approval from the local Animal Ethics Committee (CEUA, Ethics Committee on Animal Use/UNICAMP, process number 2155–1).

Carrageenan-induced paw edema

The method by Winter *et al.*, [12] was followed. A paw edema was induced by subplantar injection of 0.05 mL of lambda carrageenan (1% w/v in 0.9% of saline) into the left hind-paw in mice. An equal volume of vehicle was injected into the contralateral paw. The volume of both hind-paws up to the ankle joint was measured with a plethysmometer (model 7140, Ugo Basile) immediately before (0), 1, 2, 3, 4 and 5 hours after carrageenan. The difference in the volumes between the hind-paws was a measure of the edema (mL). The GPE (30, 100, 300, 1000 mg/kg), the reference drug, indomethacin (10 mg/kg), or the vehicle (10 mL/kg of 0.9% of saline), were given intraperitoneally 1/2 h or orally 1 h before the subplantar injection of the phlogistic agent.

Dextran, histamine and serotonin induced paw edema

The anti-inflammatory activity of the extract was tested with three phlogistic agents (dextran, histamine and serotonin). The paw edema was induced in mice by

Table 1 Effect of i.p. administration of guava pomace extract (GPE) on a carrageenan-induced paw edema

Groups	Dose (mg/kg)	Mean Edema ΔV mL (percent inhibition)				
		1 h	2 h	3 h	4 h	5 h
Control	-	0.10 ± 0.01	0.12 ± 0.01	0.14 ± 0.01	0.15 ± 0.01	0.09 ± 0.01
Indo	10	0.03 ± 0.01*	0.03 ± 0.01** (62)	0.04 ± 0.01** (68)	0.07 ± 0.01* (70)	0.08 ± 0.01 (10)
GPE	300	0.05 ± 0.01*	0.05 ± 0.01* (46)	0.08 ± 0.00* (56)	0.09 ± 0.01 (38)	0.05 ± 0.01 (42)
GPE	100	0.05 ± 0.01*	0.08 ± 0.01* (51)	0.10 ± 0.01 (42)	0.11 ± 0.01 (27)	0.10 ± 0.01 (4)
GPE	30	0.06 ± 0.01 (41)	0.07 ± 0.01 (40)	0.11 ± 0.01 (20)	0.09 ± 0.01 (39)	0.11 ± 0.03 (-)

ΔV = the values represent the mean difference of paw volume between the basal measure and others measures (1, 2, 3, 4 and 5 h) ± S.E.M.; n = 5-6. *p < 0.05, **p < 0.01, significantly different when compared to control (ANOVA followed by Dunnett's test).

subplantar injection of freshly prepared dextran (100 µg/0.05 mL), histamine (50 µg/0.05 mL) or serotonin (1 µg/0.05 mL) in 0.9% NaCl solutions, respectively. The paw volume was recorded at 0 and 1 h after injecting histamine or serotonin and 0, 1 and 2 h after injecting dextran. GPE (30, 100 and 300 mg/kg), cyproheptadine (2 mg/kg) and vehicle (10 mL/kg, NaCl 0.9%) were intraperitoneally administered 1/2 h before eliciting the paw edema.

Neutrophils migration in the peritoneal cavity

In order to determine the neutrophil migration to the peritoneal cavity GPE (30, 100 and 300 mg/kg) or Indomethacin (10 mg/kg) were administered by subcutaneous (s.c.) injection, 30 min before the administration of inflammatory stimuli by intraperitoneal (i.p.) injection of carrageenan at 500 µg/cavity. The vehicle (0.9% NaCl) was used as negative control. Mice were killed 4 h after the challenge (carrageenan) administration and the peritoneal cavity cells were harvested by washing the cavity with 3 mL of phosphate buffered saline (PBS) containing EDTA. The volumes recovered were similar in all experimental groups and equal to approximately 95% of the injected volume. In order to count the total number of cells, a Newbauer chamber was used. Smears were prepared using a cyt centrifuge (Cytospin 3; Shandon Lipshaw), stained with Panotic staining kit and the

different cells were counted (until 100 cells) using an optical microscope (1000 ×). The results are presented as the number of neutrophils per cavity.

Acetic acid-induced abdominal writhing

The total number of writhes following the intraperitoneal administration of 0.2 mL of 1% (v/v) acetic acid was recorded over a period of 30 min, starting 5 min after the acetic acid injection. The animals were pretreated with GPE (30, 100 and 300 mg/kg, i.p.), vehicle (0.9% NaCl, i.p.), or indomethacin (10 mg/kg, i.p.), 20 min before administering the acetic acid [13,14].

Formalin test

The method used in the present study was similar to that previously described by [15]. The animals were treated with GPE (30, 100 and 300 mg/kg, i.p.), 30 min before injection under the surface of the right hind paw of 25 µL of 2.5% formalin (0.92% formaldehyde) in saline. Indomethacin (10 mg/kg, i.p.) and morphine (5 mg/kg, i.p.) were used as the positive control, and vehicle (0.9% NaCl, i.p.) was used as the negative one. Animals were observed from 0–5 min (neurogenic phase) and 15–30 min (inflammatory phase) and the time spent licking the injected paw was recorded with a chronometer and considered as indicative of nociception.

Table 2 Effect of p.o administration of guava pomace extract (GPE) on a carrageenan-induced paw edema

Groups	Dose (mg/kg)	Mean Edema ΔV mL (percent inhibition)				
		1 h	2 h	3 h	4 h	5 h
Control	-	0.10 ± 0.00	0.14 ± 0.01	0.16 ± 0.01	0.18 ± 0.01	0.16 ± 0.01
Indo	10	0.07 ± 0.01 (30)	0.09 ± 0.01 (30)	0.09 ± 0.01* (49)	0.09 ± 0.01* (67)	0.09 ± 0.01* (61)
GPE	1000	0.06 ± 0.01 (35)	0.06 ± 0.01* (42)	0.06 ± 0.01 (20)	0.06 ± 0.01 (19)	0.06 ± 0.01 (04)

ΔV = the values represent the mean difference of paw volume between the basal measure and others measures (1, 2, 3, 4 and 5 h) ± S.E.M.; n = 5-6. *p < 0.05, significantly different when compared to control (ANOVA followed by Dunnett's test).

Table 3 Effect of i.p. administration of guava pomace extract (GPE) on a dextran-induced paw edema

Groups	Dose (mg/kg)	Mean Edema (ΔV mL)	
		1 h	2 h
Control		0.12 ± 0.02	0.10 ± 0.04
Cyproheptadine	2	0.04 ± 0.02***	0.05 ± 0.03*
GPE	300	0.03 ± 0.02***	0.03 ± 0.02**
GPE	100	0.08 ± 0.02	0.07 ± 0.02
GPE	30	0.09 ± 0.02	0.15 ± 0.04

ΔV = the values represent the mean difference of paw volume between the basal measure and others measures (1 and 2 h) ± S.E.M.; n = 5-6. *p < 0.05, **p < 0.01, ***p < 0.001, significantly different when compared to control (ANOVA followed by Dunnett's test).

Statistical analysis

Data are expressed as the mean ± standard error of the mean (SEM). Statistical comparisons between groups were made using variance analyses (ANOVA) followed by Tukey's or Dunnett's tests (GraphPad Prism for Windows, Version 5.0). The significance was accepted when the p value was ≤ 0.05.

Results and discussion

GPE was primarily tested for anti-inflammatory effects using a carrageenan-induced hind-paw edema model as a classic *in vivo* activity screening model. Carrageenan-induced paw edema is found to be biphasic, the initial phase is due to the release of histamine, serotonin and bradykinin in the first hour after the administration of carrageenan, and a more pronounced second phase is attributed to the release of prostaglandin, bradykinin, protease, and lysosome-like substances within 2–3 h [12]. The dose-dependent swelling thickness and inhibition effects of the extract are presented in Table 1. Indomethacin (10 mg/kg, i.p.) was used as positive control in this assay, and it showed maximum inhibition (70%) after 3 hours. The extract prepared from guava pomace administered intraperitoneally showed inhibition (p < 0.05) with the 300 mg/kg dose after the 1st, 2nd and 3rd hours (46, 56 and 38%, respectively). At a dose of 100 mg/kg, the extract inhibited 51 and 42% at the 1st

and 2nd hours, respectively (p < 0.05). There was no significant difference in the inhibition of paw edema between the extract at a dose of 30 mg/kg and the control group. When administrated orally, the extract at a dose of 1000 mg/kg also inhibited paw edema (Table 2).

From the carrageenan paw edema results, since the extract showed higher activity in the first hours, guava pomace extract was subjected to the paw edema induced by dextran. This phlogistic agent once administered into the animal paw is able to promote the consequent release of histamine and serotonin from mast cells. Non-steroidal anti-inflammatory agents are not able to inhibit this kind of inflammatory process [16]. Moreover, histamine and serotonin-induced paw edema were also used to confirm the potential involvement of these mediators with the anti-edematogenic effect observed. Thus, the extract (300 mg/kg) showed significant anti-inflammatory effects also on dextran-induced paw edema model that can be compared with the standard drug cyproheptadine (p < 0.05). However, there was no significant difference of inhibition of dextran paw edema between extract (100 and 30 mg/kg) and the control group (Table 3). Furthermore, at doses of 300 and 100 mg/kg, the extract showed significant anti-inflammatory effects on the histamine or serotonin-induced paw edema model (p < 0.05) (Table 4).

As to the neutrophils migration in the peritoneal cavity model, the extract was able to inhibit in a significant (p < 0.05) and dose-dependent way, at the highest dose administered, the number of neutrophils into the peritoneal cavity induced by carrageenan (Figure 1). Thus, the extract was able to reduce edemas as well as inhibit the neutrophil migration quite significantly as evidenced by the anti-inflammatory activity. Therefore, the anti-inflammatory action of the guava pomace extract could be related to the inhibition of histamine, serotonin, bradykinin and prostaglandin, singly or in combination.

The antinociceptive activity was initially evaluated by the acetic acid-induced abdominal writhing. The extract was able to inhibit in a significant (p < 0.05) and dose-dependent way the number of writhing induced by acetic acid (Figure 2). This unspecific test is still widely used in

Table 4 Effect of i.p. administration of guava pomace extract (GPE) on a histamine- and serotonin-induced paw edema

Groups	Dose (mg/kg)	Histamine (1 h)		Serotonin (1 h)	
		Mean Edema (ΔV mL)	Percent inhibition	Mean Edema (ΔV mL)	Percent inhibition
				1 h	
Control		0.12 ± 0.02		0.07 ± 0.02	
Cyproheptadine	2	0.04 ± 0.02**	65	0.02 ± 0.02*	65
GPE	300	0.07 ± 0.02*	38	0.02 ± 0.02*	68
GPE	100	0.07 ± 0.01*	41	0.02 ± 0.01*	62
GPE	30	0.13 ± 0.01	-	0.03 ± 0.03	51

ΔV = the values represent the mean difference of paw volume between the basal measure and other measure (1 h) ± S.E.M.; n = 5-6. *p < 0.05, **p < 0.01, significantly different when compared to control (ANOVA followed by Dunnett's test).

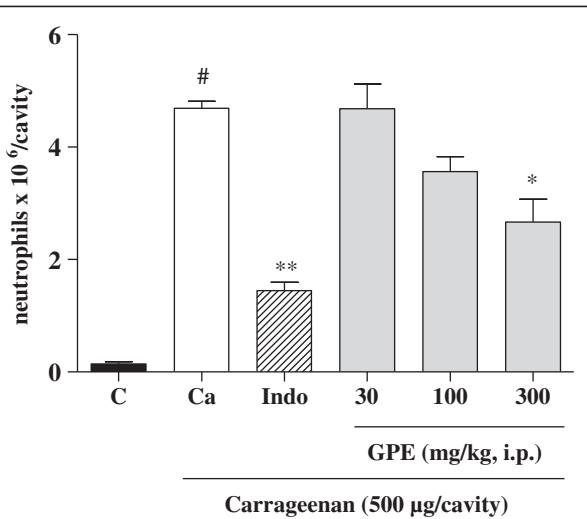


Figure 1 Recruitment of neutrophils into the peritoneal cavity induced by carrageenan. Control (C) treated with vehicle,

Indomethacin (Indo) and Guava Pomace Extract (GPE) were followed by carrageenan injection. Mean \pm S.E.M., n = 5-6. The symbol (#) indicates statistical difference compared to the vehicle group. The symbol (*) indicates statistical difference compared to the carrageenan group (ANOVA followed by Tukey's test, *p < 0.05 and **p < 0.01).

the evaluation of plant extracts that can act both centrally and peripherally, besides being considered a test for visceral inflammatory pain [13,14]. In order to proceed with the evaluation of the antinociceptive effect of the guava pomace extract, the formalin test was carried out. The administration of the extract at doses of 30 and 300 mg/kg (Figure 3) reduced the reaction time induced by formalin ($p < 0.01$ and $p < 0.001$), respectively

in phase I (neurogenic phase), where the response is related with a direct activation of nociceptors. In phase II (inflammatory phase), marked by a local release of endogenous mediators, which generate a local inflammatory response [15], the extract was also active at the dose of 300 mg/kg ($p < 0.01$). Filho *et al.* demonstrated that quercetin was able to inhibit both phases of formalin-induced pain, with ID₅₀ values of 374.10 mmol/kg and 103.00 mmol/kg for neurogenic and inflammatory phases, respectively [17]. Thus, extracts containing quercetin, such as GPE, could, therefore, also inhibit both phases in the formalin test.

From the chemical analysis, the present study found total phenolic values of 3.40 ± 0.09 mg GAE/g in the guava pomace extract. Literature data have shown in aqueous organic extracts of the pulp and peel portions of guava, estimated by the Folin-Ciocalteu's method, values of 58.7 ± 4.0 and 26.3 ± 0.8 mg GAE/g, respectively [1]. Such difference between the values of total phenols detected in the fruit by Jiménez-Escrig *et al.* [1] and the pomace extract evaluated in the present study was already predictable, since the pressing process to which it was submitted in order to obtain the juice was able to remove most part of these compounds. Despite the low level of phenolic compounds present in the pomace, interesting results of the biological activity were demonstrated.

To determine the possible active compounds involved with the anti-inflammatory and antinociceptive effects of the pomace guava extract revealed in the present study, a GC/MS analysis was used, through which thirteen compounds were identified, among them epicatechin, quercetin, myricetin, isovanilic and gallic acids (Table 5).

In general, the biological properties of guava have been already associated with its phenolic compounds, such as protocatechunic, ferulic, ascorbic, gallic and caffeic acids and quercetin [5,18]. In the present study, one of the identified compounds that could be responsible for the biological activity exhibited is the flavonoid quercetin, commonly known to have both antioxidant and anti-inflammatory effects, which inhibits NO and PGE₂ activities. Furthermore the antinociceptive action of quercetin was also demonstrated through mechanisms that involve interaction with L-arginine-nitric oxide, serotonin, and GABAergic systems [19], moreover by inhibiting the pro-nociceptive cytokine production (e.g., TNF alpha and IL-1 beta) and the oxidative imbalance mediation of inflammatory pain [20].

A possible relationship between catechins and their involvement with the anti-inflammatory activity of the guava pomace extract can be compared with the immunomodulatory activity of black tea evaluated by Chattopadhyay *et al.*, [20]. The major bioactive constituents of *Camellia sinensis* are catechins, which may have

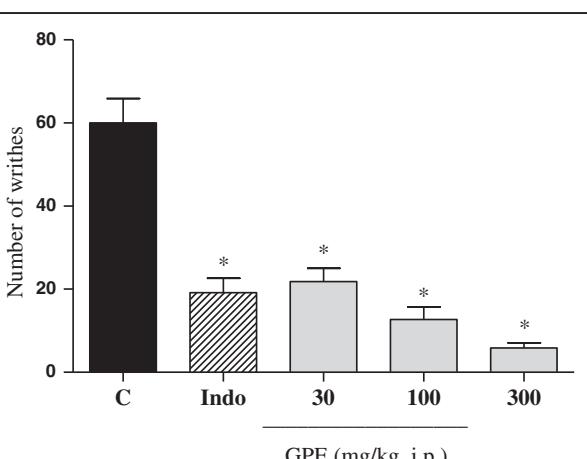


Figure 2 Effect of i.p. injection of guava pomace extract on abdominal constriction induced by acetic acid in mice. Control (C) treated with vehicle, Indomethacin (Indo) 10 mg/kg, Guava Pomace Extract (GPE). Mean \pm S.E.M., n = 5-6. *p < 0.05 compared to the control group (ANOVA followed by Dunnert's test).

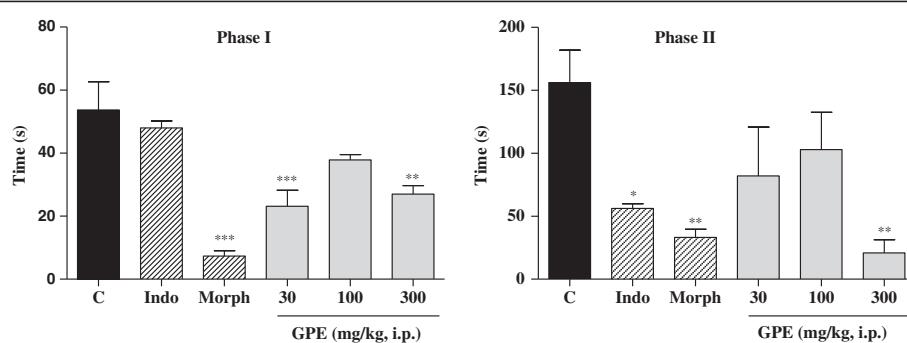


Figure 3 Effect of i.p. injection of guava pomace extract on formalin-induced nociception in mice. Control (C), Indo (Indomethacin 10 mg/kg), Morph (Morphine 10 mg/kg), Guava Pomace Extract (GPE). Mean \pm S.E.M., n = 5–6. *p < 0.05, **p < 0.01 and ***p < 0.001 compared to the control group (ANOVA followed by Dunnett's test).

participated in the acute anti-inflammatory activity of the tea decoction evaluated using paw edema induced by carrageenan and dextran [20]. Many biological effects have been reported for (+) catechins, including anticarcinogen, cardioprotective, antimicrobial, anti-viral, neuro-protective [20] and anti-inflammatory [21] effects. Similarly, the epicatechin identified in the guava pomace extract could be related with the anti-inflammatory effects showed in paw edema models induced by different phlogistic agents (Tables 1, 2, 3, 4) and neutrophils migration in the peritoneal cavity (Figure 1).

Finally, in relation to the anti-inflammatory and analgesic properties of guava, most studies refer to the leaf extracts and were evaluated on several experimental models [5,7,8]. In this paper, a promising anti-

inflammatory and antinociceptive potential of the guava pomace extract was shown for the first time, despite the fact that its mechanism of action should be further investigated.

Conclusions

Thus, we conclude that the presence of bioactive substances such as quercetin and epicatechin, as well as the important effects demonstrated in animal models, suggest that guava pomace could be a new source of compounds with anti-inflammatory and antinociceptive activities. Besides, applying this material in bioprocesses provides a wide range of alternative substrates, therefore, helping to solve pollution problems related to its disposal.

Table 5 Phenolic compounds present in the guava pomace extract identified by GC-MS

Peak number	Compound	RT (min)	% Area	Ions (m/z)
1	Phosphoric acid, tristrimethylsilyl	5.789	2.39	299 (100), 73 (47), 300 (24), 314 (17), 301 (13); 341 (M+)
2	Beta-caryophyllene	6.978	0.65	41 (100), 93 (93), 133 (87), 91 (85), 69 (83); 189 (M+)
3	Malic acid (TMS)	7.219	0.73	73 (100), 147 (54), 233 (24), 245 (14), 133 (12); 335 (M+)
4	Alpha-selinene	7.460	0.59	93 (100), 107 (86), 189 (85), 91 (81), 41 (78), 205 (M+)
5	Trimethylsilyl 3-phenyl-2-propenoate	7.630	1.58	205 (100), 131 (87), 103 (67), 161 (62), 77 (48); 221 (M+)
11	Isovanillic acid	8.87	0.67	73 (100), 297 (67), 267 (48), 217 (42), 312 (40), 357 (M+)
16	Tris (trimethylsilyl) 2-[(trimethylsilyl)oxy]-1,2,3-propanetricarboxylate	9.176	3.69	73 (100), 273 (74), 147 (51), 217 (19), 347 (19); 467 (M+)
18	Beta-D-mannofuranose, 6-deoxy-1,2,3,5-tetrakis-O-(trimethylsilyl)	9.314	1.78	73 (100), 217 (96), 204 (42), 191 (23), 147 (22); 347 (M+)
19	Glucofuranoside, methyl 2,3,5,6-tetrakis-O-(trimethylsilyl)-, alpha-D-	9.353	2.79	217 (100), 73 (99), 218 (49), 129 (48), 191 (23); 363 (M+)
25	Gallic acid	9.89	3.72	73 (100), 281 (62), 458 (38), 332 (30), 147 (26); 464 (M+)
27	Hexadecanoic acid, trimethylsilyl ester	10.311	2.86	117 (100), 73 (79), 313 (74), 75 (58), 132 (52), 329 (M+)
31	Oleic acid, trimethylsilyl ester	11.425	1.51	73 (100), 117 (97), 75 (76), 129 (64), 339 (59), 354 (M+)
38	Epicatechin	17.41	0.61	368 (100), 73 (56), 355 (46), 369 (34), 650 (23), 654 (M+)
40	Myricetin	20.511	1.68	735 (100), 736 (66), 737 (39), 73 (36), 575 (33), 740 (M+)
41	Quercetin	20.601	4.94	647 (100), 648 (55), 649 (35), 73 (26), 650 (12), 663 (M+)

Peaks 6–11; 12–15; 17; 20–24; 28–30; 32–37 and 39 are not identified.

Competing interests

The authors declare that they have no competing interest.

Authors' contributions

DC and FM were involved in the design of this study and performed pharmacological laboratory analyses and statistics. MP, MAP and BKB performed chemical laboratory analyses. de ASM and RPL drafted the manuscript along with the other authors. All authors read and approved the final manuscript.

Acknowledgements

We thank "Cepéra - Agro Industrial Ibitirama Ltda", the company that provided the guava pomace samples. This research was supported by the "Coordination for the Improvement of Higher Education Personnel" (CAPES) and "National Counsel of Technological and Scientific Development" (CNPq).

Author details

¹Department of Physiological Sciences, Piracicaba Dental School, University of Campinas – UNICAMP, P.O. Box 52, 13414-018 Piracicaba, SP, Brazil.

²Department of Agri-food Industry, Food and Nutrition, "Luiz de Queiroz" College of Agriculture, University of São Paulo, Piracicaba, SP, Brazil.

Received: 22 April 2013 Accepted: 12 September 2013

Published: 24 September 2013

References

1. Jimenez-Escrig A, Rincón M, Pulido R, Saura-Calixto F: Guava fruit (*Psidium guajava* L.) as a New source of antioxidant dietary fiber. *J Agric Food Chem* 2011, **49**:5489–5493.
2. Melo PS, Bergamaschi KB, Tiveron AP, Massarioli AP, Oldon TLC, Zanus MC, Pereira GE, de Alencar SM: Phenolic composition and antioxidant activity of agro industrial residues. *Cien Rural* 2011, **41**:1088–1093.
3. Schieber A, Stintzing FC, Carle R: By-products of plant food processing as a source of functional compounds – recent developments. *Trends Food Sci Technol* 2001, **12**:401–413.
4. Alonso AM, Guillén DA, Barroso CG, Puertas B, García A: Determination of antioxidant activity of wine byproducts and its correlation with polyphenolic content. *J Agric Food Chem* 2002, **50**:5832–5836.
5. Gutiérrez RMP, Mitchell S, Solis RV: *Psidium guajava*: a review of its traditional uses, phytochemistry and pharmacology. *J Ethnopharmacol* 2008, **117**:1–27.
6. Shu J, Chou G, Wang Z: Two new benzophenone glycosides from the fruit of *Psidium guajava* L. *Fitoterapia* 2010, **81**:532–535.
7. Sen T, Hussain SHN, Nag Chaudhuri AK: Studies on the antiinflammatory and related pharmacological activities of *Psidium guajava*: a preliminary report. *Phytother Res* 1995, **9**:118–122.
8. Dutta S, Das S: A study of the anti-inflammatory effect of the leaves of *Psidium guajava* Linn. on experimental animal models. *Pharmacognosy Res* 2010, **2**:313–317.
9. Ojewole JA: Antiinflammatory and analgesic effects of *Psidium guajava* Linn. (Myrtaceae) leaf aqueous extract in rats and mice. *Methods Find Exp Clin Pharmacol* 2006, **28**:441–446.
10. Singleton VL: Analysis of total phenols and other oxidation substrates and antioxidants by means of Folin-Ciocalteau reagent. New York: Methods of Enzymology; 1999:152–178.
11. Proestos C, Bozaris IS, Nychas GJE, Komaitis M: Analysis of flavonoids and Phenolic acids in Greek aromatic plants: investigation of their antioxidant capacity and antimicrobial activity. *Food Chem* 2006, **95**:664–671.
12. Winter RD, Risley EA, Nuss GW: Carrageenan induced edema in the hind paw of the rat as an assay for antiinflammatory drugs. *Proc Soc Exp Biol Med* 1962, **111**:544–547.
13. Koster R, Anderson M, Beer EJ: Acetic acid for analgesic screening. *Fed Proc* 1959, **18**:412.
14. Collier HOJ, Dinnen LC, Johnson CA, Schneider C: The abdominal constriction response and its suppression by analgesic drugs in mouse. *Brit J Pharmacol Chemother* 1968, **32**:295–310.
15. Corrêa CR, Calixto JB: Evidence for participation of B1 and B2 kinin receptors in formalin-induced nociceptive response in the mouse. *Br J Pharmacol* 1993, **110**:193–198.
16. Lima LM, Perazzo FF, Tavares Carvalho JC, Bastos JK: Anti-inflammatory and analgesic activities of the ethanolic extracts from *Zanthoxylum riedelianum* (Rutaceae) leaves and stem bark. *J Pharm Pharmacol* 2007, **59**(8):1151–1158.
17. Filho AW, Filho VC, Olinger L, de Souza MM: Quercetin: further investigation of its antinociceptive properties and mechanisms of action. *Arch Pharm Res* 2008, **31**:713–721.
18. Sanda KA, Grema HA, Geidam YA, Bukar-Kolo YM: Pharmacological aspect of *Psidium guajava*: an update. *Int J Pharmacol* 2011, **7**:316–324.
19. Valério DA, Georgetti SR, Magro DA, Casagrande R, Cunha TM, Vicentini FT, Vieira SM, Fonseca MJ, Ferreira SH, Cunha FQ, Verri WA Jr: Quercetin reduces inflammatory pain: inhibition of oxidative stress and cytokine production. *J Nat Prod* 2009, **72**:1975–1979.
20. Chattopadhyay C, Chakrabarti N, Chatterjee M, Mukherjee S, Sarkar K, Chaudhuri AR: Black tea (*Camellia sinensis*) decoction shows immunomodulatory properties on an experimental animal model and in human peripheral mononuclear cells. *Pharmacognosy Res* 2012, **4**:15–21.
21. Maroon JC, Bost JW, Maroon A: Natural anti-inflammatory agents for pain relief. *Surg Neurol Int* 2010, **1**:80.

doi:10.1186/1472-6882-13-235

Cite this article as: Denny et al.: Guava pomace: a new source of anti-inflammatory and analgesic bioactives. *BMC Complementary and Alternative Medicine* 2013 13:235.

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at
www.biomedcentral.com/submit

