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Research Article

Neutralization of Soybean Oil Deodorizer Distillate for Vitamin Supplement Production

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Soybean oil deodorizer distillate (SODD), a byproduct of the soybean oil refining process, is a complex mixture of compounds, such as free fatty acids (FFA), hydrocarbons, and sterols, such as tocopherols, a class of major natural antioxidants with vitamin E activity. As the utilization of SODD for tocopherol extraction is shown to be not economically viable, SODD in the semirefined form (neutral) is an interesting alternative to animal and possibly human diet enrichment. This study aimed to evaluate the SODD neutralization process varying the alkali (Na_2CO_3) concentration, temperature, and homogenization time. The optimal conditions for the neutralizing process, in order to obtain the greatest reduction in FFA content, the lowest leaching of tocopherols, and the greatest yield, were the following: Na_2CO_3 concentration of 4.34 N, temperature of 45.8°C, and homogenization time of 3 min 20 s. The FFA content was reduced from 53.4% to 6.1% after the initial neutralization, thus requiring a second neutralization step. The final FFA content was of 1.8% and total tocopherol (TT) accounted for about 11% of SODD.

1. Introduction

The global edible oils manufacturing industry processes a great amount of raw vegetable oils, which must undergo refining in order to become suitable for human consumption. The soybean oil deodorizer distillate (SODD) is obtained during the deodorization step, designed to remove compounds that confer odor and flavor to the oil and are volatile [1]. The objectives of current deodorization processes are stripping of volatile components, valuable minor components, and contaminants; removal of flavors; and thermal destruction of pigments [2]. This process is carried out by steam distillation, which prevents both oil oxidation (by avoiding contact with atmospheric oxygen) and oil hydrolysis [3]. In general, the distillation column operates with temperatures between 200 and 250°C [4] and under vacuum as low as 10 mmHg, thus yielding two streams: a bottom stream, which comprises the refined oil, and a top stream containing the deodorizer distillate [5]. Throughout the deodorization process, besides volatile products from oxidation reactions, a fraction of

lipids, tocopherols, and phytosterols present in the oil is also entrained.

Augusto [6] notes that the SODD is a heterogeneous, complex mixture, rich in free fatty acids (FFA), specially palmitic and linoleic acids, total sterols (20%), β -sitosterol (9%), and total tocopherols (10%). Besides, other compounds are present in the mixture, such as partial acylglycerols, triacylglycerols, peroxides, high-molecular-weight unsaturated aldehydes, ketones, paraffinic hydrocarbons, oleins, squalene, and nonidentified oxidized products.

As the SODD is a very abundant byproduct of the vegetable oil industry, it can be further processed to obtain a series of consumer products. Since tocopherols are a class of compounds with vitamin E activity, they can be concentrated in the SODD in order to produce a viable vitamin supplement, as an alternative to synthetic vitamins [7]. According to the literature, one of the main methods to achieve this class of products is through the neutralization of the FFA present in SODD via alkali addition. In the raw

SODD neutralization step, the main process variables are temperature, alkali concentration, and its contact time with the product. Neutralization conditions are chosen based on both the *short mix* process, usually performed in industrial rice oil refining with high alkali concentration, high temperature, and low homogenization time and on the researcher's experience. According to Benites [8], Na_2CO_3 presents the best results in such type of neutralization, thus being used as the neutralizing agent in this study.

In short, the utilization of SODD as a nutritional product follows the global tendency of using natural ingredients as a potential industrial feedstock. Thus, the goal of this study is to implement a neutralization step of raw SODD, aiming at the reduction of FFA content and a greater yield of α -tocopherol, so as to evaluate the feasibility of its utilization as a natural vitamin E supplement.

2. Materials and Methods

2.1. SODD Neutralization. Raw SODD (kindly provided by Cargill Agrícola S.A., Brazil), stored at -10°C , was liquefied in a water bath at 25°C . Studies on SODD neutralization were conducted by investigating different variable levels (alkali concentration, temperature, and reaction time) in two sequential experimental designs, as detailed in Section 2.3.

A sample was weighed in a beaker and immersed in a water bath at the chosen experiment temperature. Na_2CO_3 in stoichiometric excess was slowly added to the SODD and the mixture was vigorously agitated for the specific experiment time. Afterwards, the beaker was transferred to a water bath at 40°C for 3 h in order to achieve phase separation. To increase separation efficiency, the mixture was centrifuged at $5858 \times g$ for 15 min (Sorvall RC-5C, Thermo Scientific, USA). The mixture was further washed with hot water at a 1:1 ratio and recentrifuged at the same conditions. After sludge separation, neutral SODD was obtained.

2.2. Analytical Methods. FFA determination was carried out according to method 940.28 of the AOAC [9] and tocopherol content was measured through high pressure liquid chromatography (HPLC-method Ce 8-89 of the AOCS) [10]. Tocopherol isomers were identified through comparison of retention times, cochromatography, and absorption spectra of the sample with α -, β -, γ -, and δ -tocopherols (95% purity, Calbiochem, USA). Tocopherol quantification was carried out with an external standard. The HPLC system consists of the following equipment: isocratic pump (model 250, Perkin Elmer, USA); fluorescence detector (RF-10 AXL, Shimadzu, Japan); analytical column coupled with guard column (250×4 mm LiChrosorb Si 60, Merck, USA). The mobile phase was a 99:1 mixture of HPLC-grade hexane and isopropanol (filtered and degassed with ultrasound for 10 min), injected at a 1.1 mL/min flow rate. The detector used excitation and emission wavelengths of 290 and 330 nm, respectively.

2.3. Experimental Design. The first experimental design is a type 2^3 full factorial design, with four replicates of the central point. The second one is a central composite experimental

design, with both axial and central points, which allows the obtention of a quadratic model in order to better represent the optimal SODD neutralization region. The conditions employed in both first and second experimental designs are shown in Table 1. The results from each experimental design were statistically analyzed using the Statistica software (StatSoft v.7.0). The effect of each variable was evaluated in order to obtain the best conditions for SODD neutralization.

3. Results and Discussion

3.1. First Experimental Design. The coded and real values of the variables used in the first neutralization experimental design and the main desired responses, namely, reduction of FFA content, total α -tocopherol equivalents (α -TE) content, and neutral SODD yield, are shown in Table 2. Since the most important parameter for vitamin supplementation production is total α -tocopherol content and each tocopherol isomer has a different vitamin E activity, the following conversion factors for α -TE determination are used: β -tocopherol 0.4027; γ -tocopherol 0.1275; and δ -tocopherol 0.0067 [11].

The greatest reductions in FFA content were obtained in the assays in which Na_2CO_3 concentration and reaction temperature were closer to the maximum studied levels. The same behavior was observed for α -TE content, where higher levels were achieved with high temperature and high Na_2CO_3 concentration. In relation to neutral SODD yield, the highest levels were obtained with lower temperatures and higher Na_2CO_3 concentrations, independent of the reaction time. This result contrasts with the two previous ones; that is, while a high temperature level boosts the neutral SODD yield, it hinders the obtention of high α -TE and low FFA contents. Among the three analyzed responses, α -TE content in SODD is the most important one, since the neutralization reaction with the least tocopherol drag to the sludge is the most economically interesting process.

3.2. Second Experimental Design. As responses were not optimized in the first experimental design, the variables' levels were altered in the second one, aiming to obtain a quadratic model to better describe the neutralization process and to get closer to the optimal point. Table 3 shows the real and coded values of the variables and the results for the main studied responses.

3.2.1. Response: Reduction of FFA Content. The best results for the reduction of FFA content in neutralized SODD were achieved with lower Na_2CO_3 concentrations, from the lowest studied level (3 N) to the central level (3.5 N). Since all the results for this response were in the range of 49.3 to 50.8%, the statistical variation was not considered to be significant from a chemical point of view.

Based on the analysis, the reduction of FFA content can be evaluated from the following model based on coded variables:

TABLE 1: Levels and ranges of the independent variables (Na_2CO_3 concentration, temperature, and time) employed in the first and second experimental designs.

Independent variable	First experimental design		
	Levels and ranges		
	-1	0	+1
Na_2CO_3 concentration (N)	2	3	4
Temperature ($^{\circ}\text{C}$)	25	37.5	50
Time (min)	2	4	6

Independent variable	Second experimental design				
	Levels and ranges				
	-1.68	-1	0	+1	+1.68
Na_2CO_3 concentration (N)	2.66	3	3.5	4	4.34
Temperature ($^{\circ}\text{C}$)	25	30	37	44	49
Time (min)	1.67	2	2.5	3	3.33

TABLE 2: First experimental design matrix with real and coded variables' values and studied responses.

Assay	Factors			Responses		
	Na_2CO_3 concentration (N)	Temperature ($^{\circ}\text{C}$)	Time (min)	Reduction of FFA content (%)	α -TE content (%)	Neutral SODD yield (%)
1	2 (-1)	25 (-1)	2 (-1)	32.6 ^a	1.724 ^a	33.0 ^c
2	4 (1)	25 (-1)	2 (-1)	34.3 ^c	1.797 ^a	42.5 ^d
3	2 (-1)	50 (1)	2 (-1)	40.1 ^{de}	2.346 ^{bc}	7.5 ^a
4	4 (1)	50 (1)	2 (-1)	41.6 ^f	2.750 ^d	14.7 ^b
5	2 (-1)	25 (-1)	6 (1)	32.5 ^a	1.685 ^a	36.9 ^{cd}
6	4 (1)	25 (-1)	6 (1)	33.4 ^b	1.691 ^a	42.2 ^d
7	2 (-1)	50 (1)	6 (1)	39.8 ^{de}	2.416 ^c	12.9 ^{ab}
8	4 (1)	50 (1)	6 (1)	42.6 ^e	2.585 ^{cd}	12.8 ^{ab}
CP	3 (0)	37.5 (0)	4 (0)	40.6 ^e	2.710 ^d	16.9 ^b

Distinct letters in the same column indicate significant difference ($P < 0.05$) between values according to Tukey's test. CP: central point (mean value of the quadruplicate).

TABLE 3: Second experimental design matrix with real and coded variables' values and studied responses.

Assay	Factors			Responses		
	Na_2CO_3 concentration (N)	Temperature ($^{\circ}\text{C}$)	Time (min)	Reduction of FFA content (%)	α -TE content (%)	Neutral SODD yield (%)
1	3 (-1)	30 (-1)	2 (-1)	49.3 ^a	2.489 ^a	5.2 ^a
2	4 (1)	30 (-1)	2 (-1)	50.5 ^{bcd}	2.738 ^a	13.4 ^{cde}
3	3 (-1)	44 (1)	2 (-1)	49.3 ^a	2.151 ^a	7.7 ^{ab}
4	4 (1)	44 (1)	2 (-1)	50.2 ^{bc}	2.365 ^a	13.0 ^{cde}
5	3 (-1)	30 (-1)	3 (1)	49.5 ^a	2.214 ^a	5.5 ^a
6	4 (1)	30 (-1)	3 (1)	50.1 ^b	2.515 ^a	14.9 ^e
7	3 (-1)	44 (1)	3 (1)	49.7 ^{ab}	2.304 ^a	10.6 ^{bcde}
8	4 (1)	44 (1)	3 (1)	50.8 ^d	2.737 ^a	14.3 ^{de}
9	2.66 (-1.68)	37 (0)	2.5 (0)	49.6 ^a	2.285 ^a	7.0 ^a
10	4.34 (1.68)	37 (0)	2.5 (0)	50.8 ^d	2.681 ^a	24.5 ^f
11	3.5 (0)	25 (-1.68)	2.5 (0)	49.6 ^a	2.576 ^a	11.6 ^{bcde}
12	3.5 (0)	49 (1.68)	2.5 (0)	49.6 ^a	2.342 ^a	10.4 ^{bcd}
13	3.5 (0)	37 (0)	1.67 (-1.68)	49.6 ^a	2.304 ^a	9.2 ^{abc}
14	3.5 (0)	37 (0)	3.33 (1.68)	50.2 ^{bc}	2.367 ^a	13.3 ^{cde}
CP	3.5 (0)	37 (0)	2.5 (0)	50.2 ^{bc}	2.304 ^a	12.9 ^{cde}

Distinct letters in the same column indicate significant difference ($P < 0.05$) between values according to Tukey's test. CP: central point (mean value of the quadruplicate).

TABLE 4: Tocopherol content in raw and neutralized SODD obtained in the second experimental design.

SODD	α -Tocopherol (%)	β -Tocopherol (%)	γ -Tocopherol (%)	δ -Tocopherol (%)	Total tocopherol (%)
Raw SODD	1.28	0.22	6.59	2.36	10.44
Neutral					
1	1.67	0.22	5.67	1.60	9.15
2	1.82	0.25	6.32	1.77	10.16
3	1.46	0.21	4.69	1.39	7.75
4	1.60	0.22	5.27	1.53	8.61
5	1.51	0.20	4.82	1.44	7.97
6	1.69	0.22	5.69	1.64	9.24
7	1.56	0.22	5.09	1.50	8.36
8	1.82	0.25	6.29	1.77	10.14
9	1.55	0.21	5.03	1.47	8.25
10	1.80	0.24	6.09	1.75	9.88
11	1.74	0.23	5.79	1.61	9.36
12	1.59	0.21	5.13	1.49	8.43
13	1.56	0.21	5.07	1.48	8.32
14	1.60	0.22	5.26	1.56	8.64
CP	1.56	0.21	5.08	1.50	8.35

CP: central point (mean value of the quadruplicate).

TABLE 5: ANOVA of the responses in the second experimental design.

Source of variation	Sum of squares	Degrees of freedom	Mean square	$F_{\text{calculated}}$	$F_{\text{tabulated}}$
Response: reduction of FFA content					
Regression	6.404	7	0.915	32.8265	2.4422
Residues	0.641	23	0.028		
Lack of fit	0.433	7	0.062		
Pure error	0.208	16	0.013		
Total	7.045	30			
Response: α -TE content					
Regression	0.960	7	0.137	5.2655	2.4422
Residues	0.599	23	0.026		
Lack of fit	0.039	7	0.006		
Pure error	0.561	16	0.035		
Total	1.560	30			
Response: neutral SODD yield					
Regression	373.734	7	53.391	4.2962	2.4422
Residues	285.831	23	12.427		
Lack of fit	65.269	7	9.324		
Pure error	220.562	16	13.785		
Total	659.565	30			

Reduction of FFA (%)

$$= 50.15 + 0.42C + 0.03T + 0.12t + 0.01C^2 - 0.19T^2 - 0.09t^2 + 0.14Tt, \quad (1)$$

where C , T , and t are alkali concentration, temperature, and time, respectively. The interactions between factors without statistical significance ($P > 0.05$) were removed from the mathematical model.

Table 5 presents the analysis of variance (ANOVA) for this response. The ratio between $F_{\text{calculated}}$ (32.83) and $F_{\text{tabulated}}$ ($F_{0.95; 7; 23} = 2.44$) is 13.46, which confirms the adequacy of the quadratic model. The explained variance (R^2) is 90.9% and the maximum explainable variance corresponds to 97.1%.

The highest reductions of FFA content occur with higher Na_2CO_3 concentrations, intermediate temperature levels, and intermediate reaction time. The response surface presented in Figure 1 shows the interaction between factors with statistical significance, temperature, and time of reaction.

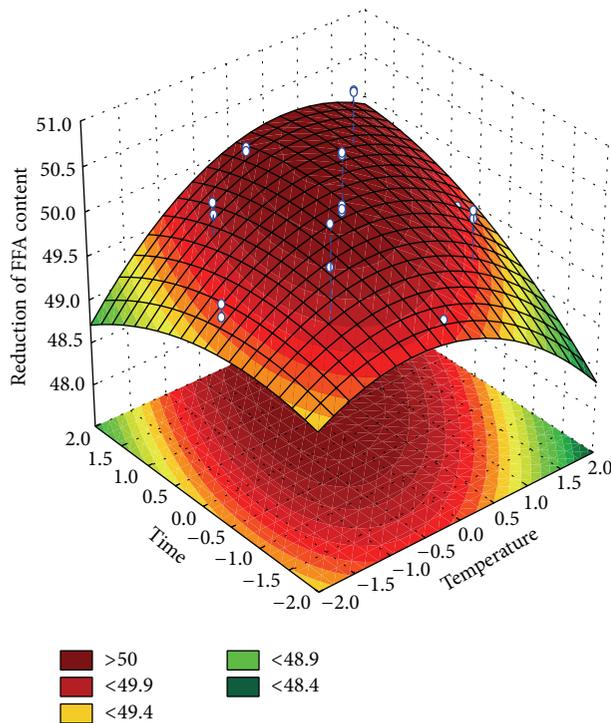


FIGURE 1: Response surface for the reduction of FFA content in the second experimental design, effects of temperature, and time of reaction (coded values at axis).

3.2.2. *Response: α -TE Content.* Table 4 presents the content of each tocopherol isomer, as well as total tocopherols, in both raw and neutralized SODD obtained via the second experimental design. α -TE content in neutral SODD did not significantly vary among the assays ($P > 0.05$).

In the construction of the mathematical model, the nonsignificant interactions between factors were ignored; using the same convention for the variables as in Section 3.2.1 is adopted:

$$\begin{aligned} \alpha\text{-TE content (\%)} = & 2.30 + 0.14C - 0.06T + 0.01t \\ & + 0.06C^2 - 0.06T^2 + 0.01t^2 + 0.13Tt. \end{aligned} \quad (2)$$

The ANOVA (Table 5) for this response shows that the explained variance is of 61.6% and the maximum explainable variance corresponds to 64.1%. The F -test yields a ratio of 2.16 ($F_{\text{calculated}} = 5.27$ and $F_{0.95; 7; 23} = 2.44$), indicating that the quadratic model is not the best option for describing α -TE content in this experimental design.

3.2.3. *Response: Neutral SODD Yield.* The obtained results show that neutral SODD yield is greater with higher or intermediate Na_2CO_3 concentrations, which coincide with the behavior of the two previously analyzed responses. For

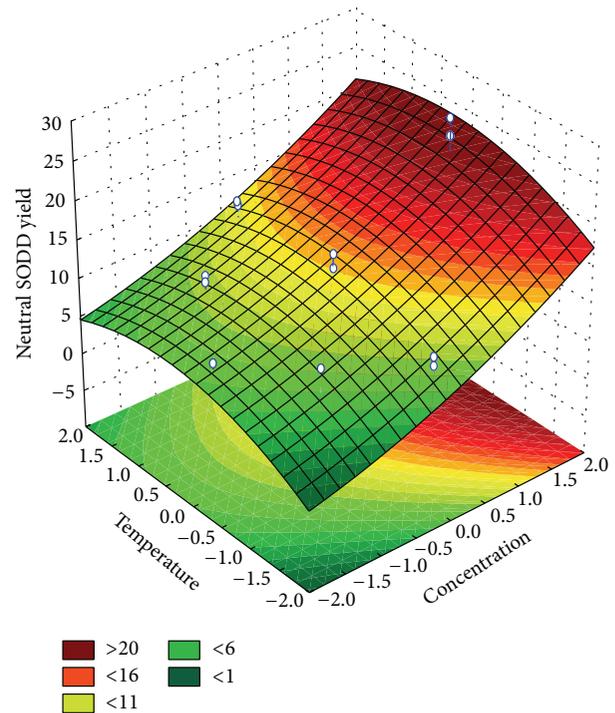


FIGURE 2: Response surface for neutral SODD yield in the second experimental design, effect of Na_2CO_3 concentration, and temperature (coded values at axis).

the construction of the mathematical model, nonsignificant interactions between factors were ignored:

$$\begin{aligned} \text{Neutral SODD yield (\%)} \\ = & 13.18 + 4.11C + 0.33T + 0.95t \\ & + 0.51C^2 - 1.18T^2 - 1.09t^2 + 1.08CT, \end{aligned} \quad (3)$$

where the same convention for the variables as in Section 3.2.1 is adopted.

According to Table 5, the F -test results in a ratio of 1.76 ($F_{\text{calculated}} = 4.30$ and $F_{0.95; 7; 23} = 2.44$), which denotes that the model does not fit the experimental data satisfactorily. The explained variance is 56.7% and the maximum explainable variance corresponds to 66.6%.

The behavior of neutral SODD yield and reduction of FFA content are similar: the highest values are found with higher Na_2CO_3 concentrations and intermediate levels of reaction temperature and time, with a well-defined optimal region. The response surface presented in Figure 2 shows the factors' interaction with statistical significance.

As a whole, it was verified with this experimental design that all responses were favored at higher Na_2CO_3 concentrations, although the optimal region for α -TE content was not totally clarified.

3.2.4. *Desirability Analysis.* With the Statistica software (Stat-Soft v.7.0), a desirability analysis was conducted, in which a relation between the predicted values of the dependent

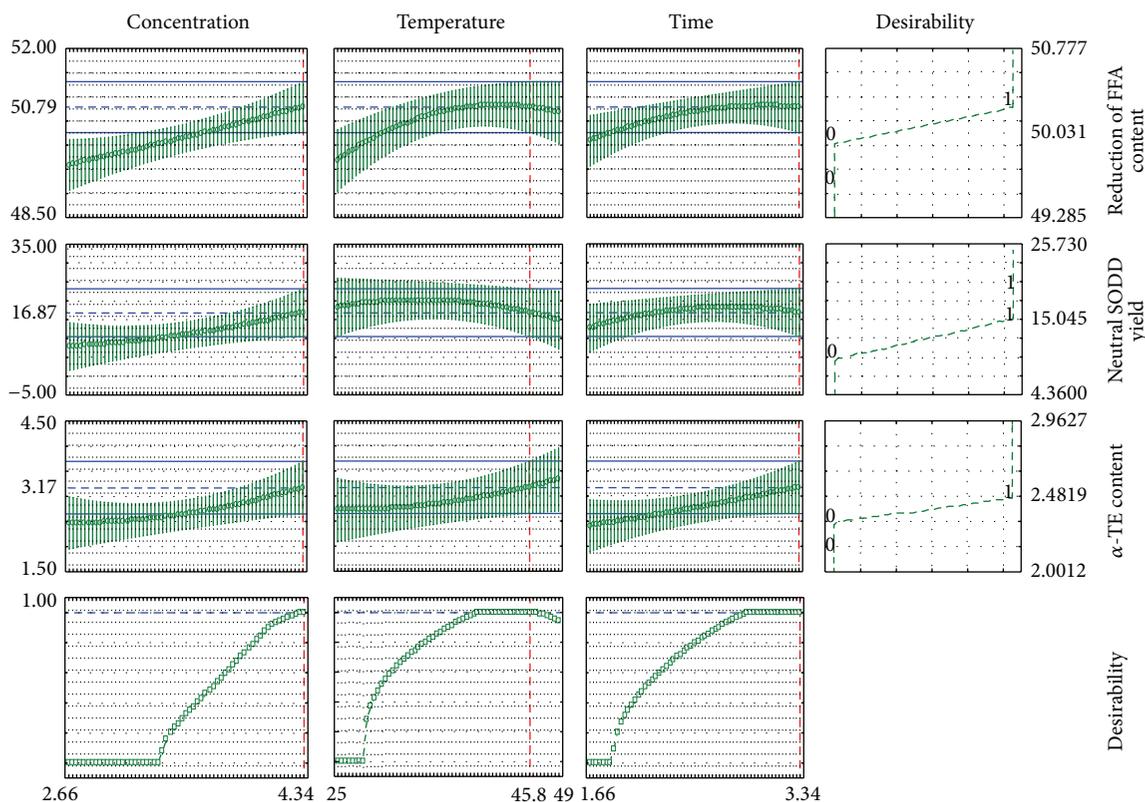


FIGURE 3: Predicted values and desirability analysis of the dependent variables in the second experimental design.

variables (reduction of FFA content, α -TE content, and neutral SODD yield) and the values desired by the researcher is established. The analysis involves the attribution of coefficients to each dependent variable, which varies from 0 (very undesirable) to 1 (very desirable). The individual counts are combined and the geometric mean is calculated. The desirability profiles consist in a series of graphics, one for each dependent variable. These profiles can show in which variable levels the most desired responses may be obtained. The coefficient of the most relevant dependent variables (reduction of FFA content and α -TE content) was set as 1 at their maxima. For neutral SODD yield, this coefficient was set for both maximum and intermediate values, indicating that either result is satisfactory.

The analysis of the graphics shown in Figure 3 denotes that the best SODD neutralization conditions are Na_2CO_3 concentration of 4.34 N, temperature of 45.8°C, and homogenization time of 3.33 min. These values provide less acidity, less tocopherol drag to the sludge, and higher quantities of neutral SODD.

The neutralization process is necessary to allow the use of SODD, since FFA are harmful to cells and the tocopherols are difficult to extract [11]. Therefore the process proposed in this paper is promising because it removes the FFA, without loss of content of tocopherols, supplying a product with characteristics suitable for consumption.

In possession of the optimal conditions of the second experimental design, a neutralization was carried out and the neutral SODD was analyzed, as shown by Benites [12].

FFA content varied from 53.8% in raw SODD to 1.8% in neutral SODD, which corresponds to a reduction of 96.7%. Also, total tocopherol content remained nearly constant, of 10.44% and 10.98% for raw and neutral SODD, respectively. Thus, it can be said that neutralization with Na_2CO_3 can effectively remove FFA without the loss of tocopherols. As a whole, the process leads to a reduction in the total mass of obtained neutral SODD due to the removal of FFA through saponification reactions.

4. Conclusion

In the conditions evaluated in this study, the implementation of the SODD neutralization process was advantageous. Moreover, the stage of FFA content removal can facilitate the concentration or purification of tocopherols.

With the purpose of studying the viability of an industrial byproduct as a natural source of tocopherols (vitamin E), neutral SODD presented a great utilization potential, with low cost and simple obtention method. There is high possibility of this product being used as animal feed without presenting the adverse effects caused by FFA excess. The intake of neutral SODD by animals may be beneficial to their health as well as improve meat quality for human consumption.

Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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